

Focus: Chapter 9 – SACRAMENTS OF CHRISTIAN INITIATION-is accomplished in 3 sacraments together:
Baptism, Confirmation and the Eucharist
Chapter 10 – SACRAMENTS OF HEALING
Chapter 11 – SACRAMENTS OF THE SERVICE OF COMMUNION
LENT AND ASH WEDNESDAY ACTIVITIES

January 20 - 27, 2021

Attend Sunday Mass in person, online or on TV

Follow along and participate during Mass by using Oraciones Y Practicas Catolicas/Catholic Prayers and Practices (OYPC)-
pgs 35-47

Fusion en la Fe Lesson 9

Light a candle and read the prayer "A Prayer for Holiness" on pg. 168/169 aloud, taking turns with your family members.

Read **Live It Out** pages 168/169 and think about it for a few minutes. Reflect on more ways in which you can be a model of these things for others.

Read **BIBLE BOOST** on pages 170/171 and then read the rest of the page including the Sacred Scripture reading from *The Holy Gospel according to Matthew* in your *Fusion En La Fe* workbook.

Read During the Mass at the bottom of pages 172/173, then turn to pages 434-437 and review **The Liturgical Year**.

Read OUR CATHOLIC TRADITION on pages 174/175 in your *Fusion En La Fe* workbook.

****Find and read the Bible versus that are referenced in this article**.**

Read pages 176/177 and Reflect on the section **KNOW IT**.

Read about **Saint Francis Xavier** on pages 178/179. Notice that this saint's feast day is December 3.

Read *Catholic Social Teaching* RIGHTS AND RESPONSIBILITIES on pages 180/181. Write the question and your answer at the bottom of pages 182/183 of YOUR TURN assessment and answer those questions and turn in this page.

Closing Prayer

Pray the **Our Father** and LET US PRAY: *Come, Holy Ghost* on the bottom of pages 180/181.

Pray the Rosary with your family everyday

- Use Oraciones Y Practicas Catolicas/Catholic Prayers and Practices (OYPC)- pg 22/23
- Pray the Rosary together in English – using interactive Rosary Luminous Mysteries: <https://www.howtofindpeace.org/how-to-pray-the-rosary-online.html>! first click on what mysteries you want to pray on bottom left, then hover over crucifix and beads for the words of the prayers.
- Rezar el Santo Rosario en Familia en espanol- utilizando los misterios gozosos interactivos del Rosario <https://goledigital.org/pray-the-rosary-in-spanish-joyful-mysteries/>

YOUR TURN Assessment

Complete the lesson review on pages 182/183 in your *Fusion En La Fe* workbook.

Pull out the completed page and return at the next First Communion Parent Meeting on February 17th at 6:00pm.

ASH WEDNESDAY ACTIVITY

Read the attached handout “Prayer of Ash Wednesday” and reflect on the beautiful words. I would like you to pray this prayer tonight and again on Ash Wednesday, February 17th. This prayer would be great to remember for each Lenten Season. Blessing!

Questions for the Teacher

Write 2 – 3 questions that you have so far about the lessons this week? Turn in.

- 1) _____

- 2) _____

- 3) _____

January 28 – February 3, 2021

Attend Sunday Mass in person, online or on TV

Follow along and participate during Mass by using Oraciones Y Practicas Catolicas/Catholic Prayers and Practices (OYPC)- pg 35-47

Fusion en la Fe Lesson 10

Light a candle and read the following prayer aloud:

Jesus, Light of the World, For the many that have followed you today
through the darkness of temptation, doubt, or pain,
you are the promise of an eternal dawn.

We give thanks for all that has been given to us through you,
and we ask for the grace to be our faithful disciples.

May we praise you all the days of our lives.

Amen.

Read BIBLE BOOST on pages 186-187 and then read the rest of the page including the sacred Scripture reading from the Gospel of John in your *Fusion En La Fe* workbook.

Read and complete pages 188-189 in your *Fusion En La Fe* workbook.

What is healing?

Healing in the church RESTORES us to a state of GRACE. Grace is God's love poured out over us. Sin separates us from love, so we need to be healed so we can receive God's love again. God also wants to protect us from suffering. He anoints us so that we may be protected against any mental, physical, or spiritual illness.

What is Reconciliation?

Reconciliation is when we apologize for sinning or not doing God's will. Basically, we tell God that we know that we made mistakes and we promise not to do them anymore because we love HIM more than our sin. God is always ready to love us again, but we need to show Him that we are willing to turn away from sin and accept His love.

How does God know if we are really sorry?

He knows your heart better than anyone. He also knows that even when we try our best, we still make mistakes. When we apologize to God, we also show Him how sorrowful we are for offending Him. This is called the ACT of CONTRITION (see pages 400-401).

How do you know when you need to go to Reconciliation?

Remember the ten commandments? Anytime we do not follow the ten commandments, we should go to confession. God gave us His law, so that we would know when we are not following it. You can go to confession anytime you feel like you have done something to offend God. When we hurt something He loves, we are hurting Him.

Silently and on your own, read through the **examination of conscience**. Be honest with yourself about your need for forgiveness and GRACE.

Watch this Video:

Life Teen, I Confess: <https://www.youtube.com/watch?v=WjmuqeSgNjg>

Closing Prayer

Choose one of the following:

1. Pray the Prayer for Mercy on Page 185
2. Take a break from social media for a day (don't look at your Snapchat, Instagram, Twitter, TikTok, or Facebook).
3. Find a bible verse that encourages you!

Prayers to know

REMINDER: The LITURGY of the EUCHARIST... evaluation is coming up on APRIL 21st !! BE PREPARED!!

YOUR TURN Assessment

Complete the lesson review on page 198-199 in your *Fusion En La Fe* workbook.

Pull out the completed page and return at the next First Communion Parent Meeting on February 17th at 6:00pm.

Questions for the Teacher

Write 2 – 3 questions that you have so far about the lessons this week? Turn in.

- 1) _____

- 2) _____

- 3) _____

February 4 - 10, 2021

Attend Sunday Mass in person, online or on TV

Follow along and participate during Mass by using Oraciones Y Practicas Catolicas/Catholic Prayers and Practices (OYPC)- pg 35-47

Fusion en la Fe Lesson 11

Light a candle and read the following prayer aloud:

Jesus, Light of the World, For the many that have followed you today
 through the darkness of temptation, doubt, or pain,
 you are the promise of an eternal dawn.
 We give thanks for all that has been given to us through you,
 and we ask for the grace to be our faithful disciples.
 May we praise you all the days of our lives. Amen

Read pages 202 -203 in your *Fusion En La Fe* workbook.

Watch these Videos

Sacrament of Matrimony by Theo Matters https://www.youtube.com/watch?v=eNKVNvAK5_s

I Will Follow- Two Catholic Priests Vocation Stories <https://www.youtube.com/watch?v=eTw5xg37QF0>

Read pages 206-207 in your *Fusion En La Fe* workbook:

Read pages 210-211 in your *Fusion En La Fe* workbook.

Lesson Activity

Choose one of these options:

Praydough confessions

Needs: a bucket of play-dough or white 'Model Magic' (Crayola).

- Take a ball of play dough (prayedough).
- Think about something you have done in the past week that you realize was wrong and recognize that you need God's forgiveness for that wrong in your life.
- Shape the ball of dough into something that represents the thing that you have done wrong.
- Hold the shape in your hand and pray, telling God what you have done wrong, saying you are sorry, and asking for His forgiveness.
- As you pray for forgiveness, squeeze the shape you have made between your hands, and form it into a heart, to remind you of God's love for you, a love that longs to forgive you and wants to help you feel better again.
- Bake the heart or let the heart dry out (according to the instructions on the packet) and keep it safe to remind you how much God loves you and will always forgive your sins.

"Thank You, Father!" letter for your parish priest.

Write a thank you letter to Father Joshua or Father Rogelio. Be sure to include some specific ways they have shown Christ's love to you! Please bring your letter to the parent meeting on February 17th.

Listen to this song and write a brief reflection

Here I am Lord: <https://www.youtube.com/watch?v=4t6mz8voocY>

Closing Prayer

Pray the Rosary with your family every day

- Use Oraciones Y Practicas Catolicas/Catholic Prayers and Practices (OYPC)- pg 22/23
- Pray the Rosary together in English – using interactive Rosary Luminous Mysteries: <https://www.howtofindpeace.org/how-to-pray-the-rosary-online.html> first click on what mysteries you want to pray on bottom left, then hover over crucifix and beads for the words of the prayers.

Rezar el Santo Rosario en Familia en espanol- utilizando los misterios gozosos interactivos del Rosario
<https://goledigital.org/pray-the-rosary-in-spanish-joyful-mysteries/>

YOUR TURN Assessment

Complete the lesson review on pages 214-215 in your *Fusion En La Fe* workbook.

Pull out the completed page and return at the next First Communion Parent Meeting on February 17th at 6:00pm.

Questions for the Teacher

Write 2 – 3 questions that you have so far about the lessons this week? Turn in.

- 1) _____

- 2) _____

- 3) _____

February 11 - 17, 2021

Attend Sunday Mass in person, online or on TV.

Follow along and participate during Mass by using Oraciones Y Practicas Catolicas/Catholic Prayers and Practices (OYPC)- Pgs 35-47

Lesson on Intro to LENT

Light a candle and read the following prayer aloud:

Jesus, Light of the World, For the many that have followed you today
 through the darkness of temptation, doubt, or pain,
 you are the promise of an eternal dawn.
 We give thanks for all that has been given to us through you,
 and we ask for the grace to be our faithful disciples.
 May we praise you all the days of our lives. Amen

Read “Cuaresma Y Miercoles de Ceniza – Lent and Ash Wednesday” and “El Sentido de la Ceniza – The Meaning of Ash” Handout both sides.

I came across a short read of the meaning of Lent and it’s beginning, Ash Wednesday, in an article from Sadlier Religion Blog, written by Kathy Hendricks, titled *Ash Wednesday is the Best Way to Start Lenten Season*. I was so taken by the way she explained Lenten season and the first day of Ash Wednesday, that I borrowed a little bit of it for you to read...

“Ash Wednesday marks the first day of the 40 days of Lent, a six-week period (excluding Sundays) dedicated to prayer, fasting, and reflection in preparation for the great celebration of Christ’s Paschal Mystery in the Easter Triduum. The late Henri Nouwen described Lent as a time to re-focus and to re-enter a place of truth. It is here where we find our true identity.

Ash Wednesday is the best way to begin a season which calls us into self-examination as well as self-denial, into deeper contemplation about the mystery and grace of God’s mercy, and towards more radical giving towards those most in need of comfort, sustenance, and hope.

The ancient practice of Ash Wednesday reminds us that we are mortal. It causes us to pause and look at our lives—remember what we are made of, remember where we are going- and encourages us to fully immerse ourselves in the Lenten season.”

I hope that this excerpt helps bring you closer to understanding the depth of importance “giving up” is to showing God we are sincere in our penance and to living a Christian life. This is just a short introduction to Lent. I encourage you to begin your self-examination in planning for the 40 days of Lent by journaling or making a list as to what you will do to fulfill your time for prayer, fasting and almsgiving.

The hand out titled “Family Flyer” is a great way to inspire you to think on how you will do your planning for your 40 days of LENT. Please complete the handout and turn it in on **Parent Meeting night on February 17th at 6:00 p.m.**

Just a reminder: February 17th is also Ash Wednesday! Be prepared with your plan to start this day!

Lesson Activity

Complete the activity handout sheet: **FAMILY FLYER-VOLANTE FAMILIAR** and return it on Parent Meeting night February 17th at 6:00 p.m.

Closing Prayer

Read the attached handout “AYUNA - FAST” for Ash Wednesday is February 17th!

Pray the Rosary with your family every day

- Use Oraciones Y Practicas Catolicas/Catholic Prayers and Practices (OYPC)- pg 22/23
- Pray the Rosary together in English – using interactive Rosary Luminous Mysteries: <https://www.howtofindpeace.org/how-to-pray-the-rosary-online.html> first click on what mysteries you want to pray on bottom left, then hover over crucifix and beads for the words of the prayers.

Rezar el Santo Rosario en Familia en espanol- utilizando los misterios gozosos interactivos del Rosario <https://goledigital.org/pray-the-rosary-in-spanish-joyful-mysteries/>

Questions for the Teacher

Write 2 – 3 questions that you have so far about the lessons this week? Turn in.

- 1) _____

- 2) _____

- 3) _____

Pull out the completed pages of “Your Turn Assessments” Chapters 1-11 give to your parents to turn in at the parent meeting on Wednesday, February 17 at 6PM.

AND “Thank You, Father!” letter for your parish priest. (optional)
AND Completed **FAMILY FLYER-VOLANTE FAMILIAR**

AYUNA

Ayuna de juzgar a otros; llénate del Dios que los creó, al igual que a ti.

Ayuna de palabras hirientes; llénate de frases que edifican.

Ayuna de descontento; llénate de gratitud.

Ayuna de enojos; llénate de paciencia.

Ayuna de pesimismo; llénate de fe en el Dios vivo y en Su palabra.

Ayuna de preocupaciones; llénate de confianza en Dios.

Ayuna de quejarte; llénate de apreciar lo que te rodea y gratitud a Dios que te da las cosas generosamente.

Ayuna de las presiones que no cesan; llénate de una oración que no cesa.

Ayuna de amargura; llénate de perdón.

Ayuna de la importancia de ti misma; llénate de compasión por los demás.

Ayuna de pensamientos de debilidad; llénate de las promesas de Dios que te llenan de fe y esperanza.

Ayuna de todo lo que te separe de Dios; llénate de todo lo que a Él te acerque.

FAST

Fast from judging others; fill yourself with the God who created them, just like you.

Fast from hurtful words; fill yourself with phrases that edify.

Fast from discontent; fill yourself with gratitude.

Fast from anger; fill yourself with patience.

Fast from pessimism; Fill yourself with faith in the living God and in His word.

Fast from worries; Fill yourself with trust in God.

Fast from complaining; Fill yourself with appreciation of your surroundings and gratitude to God who generously gives you things.

Fast from the pressures that never stop; fill yourself with a prayer that does not stop.

Fast from bitterness; fill yourself with forgiveness.

Fast from the importance of yourself; fill yourself with compassion for others.

Fast from thoughts of weakness; fill yourself with the promises of God that fill you with faith and hope.

Fast from everything that separates you from God; fill yourself with everything that brings you closer to Him.

EL SENTIDO DE LA CENIZA

- 1] Que no te gloríes de ti mismo: Tus talentos los recibiste para servir.
- 2] Que no te consideres dueño de nada: eres solo un humilde administrador.
- 3] Que aprecies el valor de las cosas sencillas y humildes, de los pequeños gestos cotidianos.
- 4] Que vivas el momento presente en compromiso y esperanza, vislumbrando en el quehacer de cada día el rostro de la eternidad.
- 5] Que no temas desesperadamente al sufrimiento, al dolor, a la destrucción, a la muerte: La ceniza surge de un árbol y para los cristianos ese árbol es la Vida para siempre.



THE MEANING OF ASH

- 1] Do not boast of yourself: You received your talents for serving.
- 2] Do not consider yourself the owner of anything: you are just a humble administrator.
- 3] Appreciate the value of simple and humble things, of small everyday gestures.
- 4] That you live the present moment in commitment and hope, glimpsing in the daily work of the face of eternity.
- 5] Do not fear desperately to suffering, to pain, to destruction, to death: The ash rises from a tree and for Christians that Tree of Life to forever.

CUARESMA Y MIÉRCOLES DE CENIZA



La cuaresma, es el tiempo de cuarenta días de preparación para celebrar dignamente los misterios de la pasión, muerte y resurrección de Cristo, aunque celebremos todos los días en la Eucaristía, sin embargo los conmemoramos de una manera especial en la Semana Santa. Este tiempo lo iniciamos el miércoles de ceniza y termina en el Jueves Santo, antes de la Celebración de la cena del Señor.

La cuaresma está inspirada en la Sagrada Biblia, donde nos narra que 40 días duró el diluvio. 40 años el pueblo de Israel caminó por el desierto hasta llegar a la tierra prometida. Jesús fue tentado por Satanás durante 40 días en el desierto.



Promesa de Dios de que estaba con el pueblo, 23:17-22

La ceniza: La Biblia nos narra que cuando alguien hacía penitencia por sus pecados, se echaba ceniza en la cabeza, como lo hizo la ciudad de Nínive después de la predicación del profeta Jonás (Jonás 3: 5-8). Los católicos continuamos esta práctica, trazando una cruz con ceniza en nuestra frente, como si arrepentimiento, penitencia y reconociendo al que murió en la cruz como nuestro salvador.

LENT AND ASH WEDNESDAY

Lent is the time of forty days of preparation to worthily celebrate the mysteries of the passion, death and resurrection of Christ, although we celebrate them every day in the Eucharist, however we commemorate them in a special way at Holy Week. We begin this time on Ash Wednesday and ends on Holy Thursday, before the Lord's Supper.

Lent is inspired by the Holy Bible, where it tells us that the flood lasted 40 days. For 40 years the people of Israel walked through the desert until they reached the promised land. Jesus was tempted by Satan for 40 days in the desert.

Ash: The Bible tells us that when someone did penance for their sins, they put ash on their head, as did the city of Nineveh after the preaching of the prophet Jonah (Jonah 3: 5-8). We Catholics continue this practice, tracing a cross with ashes on our foreheads, as a sign of repentance, penance and recognizing the one who died on the cross as our savior.



Ash Wednesday
Remember that you are dust,
and to dust you shall return.
-Ecclesiastes 3:10

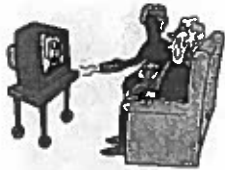


Family Flyer

Your Family and LENT: A Time for Prayer and Action

Lent helps us to know what is important. Like a spiritual 'survivor' game, Lent can release us from the island of our 'wants' and strengthen us with self-discipline and perseverance. Then we'll be able to renew our promise to follow Jesus, by loving God and our neighbor more fully.

Less TV for me!



Dear God, I love you.



Too many computer games can make me lazy.



Let's do the right thing!



Think It Through:

One way I can serve others instead of watching TV is _____.

The best time for me to pray is _____.

During Lent, I can spend some of my 'screen time' doing _____ instead.

I want to be like Jesus, so during Lent I will _____.

Act: Each week of Lent, decide on one word the family would like to hear more often, and one word they would like to hear less often. Post on refrigerator. Encourage each other with positive words and actions.

Scripture: "Store up treasures in heaven, where neither moth nor decay destroys, nor thieves break in and steal. For where your treasure is, there also will your heart be." Matt 6:20-21

Resources: Books: *A Family Journey with Jesus Through Lent* by Angela M. Burrin. *Celebrating Faith: Year-round Activities for Catholic Families* by Mary Cronk Farrell.

Videos: *The Angel's Lenten Lesson* (Twenty Third Publications) for children ages 7-12. *Following Jesus through the Church Year* (Twenty Third Publications) for children of all ages. *Lent: Celebrating the Season* (St. Anthony Press) for Grades 3-8.

Websites: <http://www.homefaith.com/seasons/frame.html>; www.nacflm.org

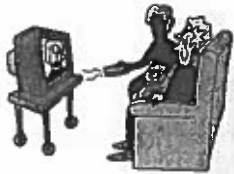


Volante Familiar

SU FAMILIA Y LA CUARESMA: UN TIEMPO PARA ORAR Y ACTUAR

La Cuaresma nos ayuda a saber que es importante. Como un juego espiritual de "sobrevivientes". La Cuaresma nos puede liberar de la isla de nuestros "queremos" y nos da fuerza con autodisciplina y perseverancia. Luego podremos renovar nuestra promesa de seguir a Jesús, amando a Dios y a nuestro vecino más completamente.

Menos TV para Mí!



Dios querido, te amo.



Muchos juegos de computadora pueden hacerme perezoso.



Vamos hacer lo que está bien!



Piénselo Bien:

Un modo en que puedo servir a otros en lugar de ver TV es _____

El mejor tiempo de orar para mí es _____

Durante la Cuaresma, puedo usar parte de mi "Tiempo de pantalla de TV" haciendo _____ otra cosa en su lugar.

Quiero ser como Jesús, y durante la Cuaresma yo _____

Actúen: Cada semana de Cuaresma, busquen una palabra que la familia quisiera oír más seguido, y otra que les gustaría oír menos seguido. Péguenla en la puerta del refrigerador. Anímense uno al otro con palabras y acciones positivas.

Escritura: "Guarden tesoros en el cielo, donde ni polilla ni hollín destruyen, ni ladrones entran y robar. Porque donde esté tu tesoro, ahí también estará tu corazón." Matt 6:20-21

Recursos: **Books:** *A Family Journey with Jesus Through Lent* by Angela M. Burrin. *Celebrating Faith; Year-round Activities for Catholic Families* by Mary Cronk Farrell

Videos: *The Angel's Lenten Lesson* (Twenty Third Publications) for children ages 7-12. *Following Jesus through the Church Year* (Twenty Third Publications) for children of all ages. *Lent: Celebrating the Season* (St. Anthony Press) for Grades 3-8.

Websites: <http://www.homefaith.com/seasons/frame.html>; www.nacflm.org

Propiedad de la Asociación Nacional de Ministros Católicos de Vida Familiar www.nacflm.org. Permiso para reproducir es dado a los miembros de NACFLM. Otras personas pueden llamar al número 937-431-5443 para pedir el permiso. Los que han recibido el permiso de reproducir pueden adoptar la traducción en español para que responda mejor a las necesidades locales.