



2023 Year in Review **Newsletter**

The Mission of the Young at Heart Senior Ministry is to encourage fellowship and provide social and spiritual support for senior parishioners.

Need resources? Check out the list of local senior resources located on the Senior Ministry Page on the STA Website.

For information about participating, or to request services, contact:

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FASTING

ALMSGIVING

LENTEN FUN **FACT**

Since its inception, Operation Rice Bowl has collected \$330 million to alleviate hunger and poverty. That's a lot of change!



Join us every 2nd and 4th Monday of the month for a soup luncheon and activity after the noon mass in the Social Hall. Upcoming activities include:

January 8

Joy of Movement with Linda Bradak

January 22

Winter Bingo

February 12

"Whole 40: Making a Spiritual Plan for Lent" from Formed

February 26

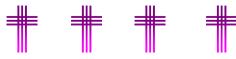
Lenten Service Project

March 11

Luck of the Irish Trivia with Prizes

March 25

RCIA Recognition Activity



WHINING FOR THE WINE

The Christmas gift exchange was a hit! Over 25 parishioners rolled the dice, and often times, unwillingly surrendered their gift to the person on their left or right. While there were many desirable choices, the majority of the crowd were after the bottle of wine! After three rounds, Tim walked away with the coveted gift.

Thanks to all the seniors who regularly attend the events and make the ministry so special!



Rejoicing in Heaven

Lyn McElfresh, one of the seniors that we regularly brought to mass, passed away unexpectedly on January 5th. Please keep her family in your prayers. Lyn was quiet, kind, and prayerful. She will be missed.

2023 Service Statistics

- 18 events were held and attended by over 200 participants
- 4 local charities benefited from Senior Ministry projects
- 5 volunteers supported the ministry this year
- 32 rides were given to seniors to attend mass
- 80+ home, nursing home, or phone visits were conducted
- Over 300 hours of service provided by the Senior Ministry this vear.

Thank you for your participation!